# **Constrictive Pericarditis: Pathognomonic Image**

## Pericardite Constritiva: Imagem Patognomónica



José Eduardo MATEUS 1, António ARAGÃO1, Armando CARVALHO1 Acta Med Port 2018 Dec;31(12):784-784 https://doi.org/10.20344/amp.10703

**Keywords:** Pericarditis, Constrictive/diagnosis **Palavras-chave:** Pericardite Constritiva/diagnóstico

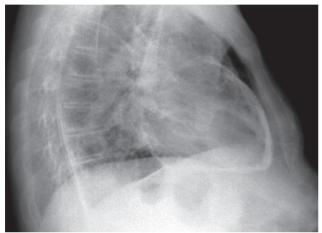


Figure 1 – Calcification of the pericardium on chest x-ray (lateral view)

A 80-year-old man presented to the emergency department with gradually progressive abdominal distension and edema of his lower limbs first noticed several months before.

A chest x-ray lateral view showed calcification of the pericardium (Fig. 1). A computed tomography of the chest showed thickening of the pericardium with evidence of calcification (Fig. 2). Abdominal ultrasound revealed ascites, hepatomegaly and portal and hepatic veins dilatation. Laboratory tests ruled out viral infection, autoimmune disease and tuberculosis.

## PROTECTION OF HUMANS AND ANIMALS

The authors declare that the procedures were followed according to the regulations established by the Clinical Research and Ethics Committee and to the Helsinki Declaration of the World Medical Association.

### **DATA CONFIDENTIALITY**

The authors declare having followed the protocols in use at their working center regarding patients' data publication.



Figure 2 – Calcification of the pericardium on CT scan (sagital view)

The diagnosis of constrictive pericarditis causing heart failure was considered. The patient showed a good response to evacuation paracentesis and diuretics. Since then, he has been admitted to hospital two more times for therapeutic readjustment and remains stable.

Constrictive pericarditis can occur after any pericardial disease process, but most cases are still deemed to be idiopathic.<sup>1,2</sup> Pericardiectomy is the only definitive treatment option<sup>1-3</sup> but medical therapy may be used for patients who are not candidates for surgery.<sup>3,4</sup>

## **PATIENT CONSENT**

Obtained.

#### **CONFLICTS OF INTEREST**

All authors report no conflict of interest.

### **FUNDING SOURCES**

This research received no specific grant from any funding agency in the public, commercial, or not-for-profit sectors

## REFERENCES

- 1. Hoit BD. Constrictive pericarditis. UpToDate. Last updated September 6th 2017. [Accessed 2018 Mar 01]. Available at: http://www.uptodate.com.
- 2. Gautam MP, Gautam S, Sogunuru G, Subramanyam G. Constrictive pericarditis with a calcified pericardial band at the level of left ventricle causing midventricular obstruction. BMJ Case Rep. 2012;2012.
- 3. Welch TD. Constrictive pericarditis: diagnosis, management and clinical outcomes. Heart. 2018;104:725-31.
- 4. Miranda WR, Oh JK. Constrictive pericarditis: a practical clinical approach. Prog Cardiovasc Dis. 2017;59:369-79.

Recebido: 22 de abril de 2018 - Aceite: 11 de junho de 2018 | Copyright © Ordem dos Médicos 2018



<sup>1.</sup> Serviço de Medicina Interna A. Centro Hospitalar e Universitário de Coimbra. Coimbra. Portugal.

<sup>☑</sup> Autor correspondente: José Eduardo Mateus. zeduardomateus@gmail.com