Promising Immuno-Oncology Treatments Beyond the 2018 Nobel Prize

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Tratamentos Promissores de Imuno-Oncologia Para Além do Prémio Nobel 2018

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IMMUNE-CHECKPOINT INHIBITORS: CLINICAL EVIDENCE AND LIMITATIONS

The Nobel Prize of Medicine in 2018 awarded jointly by James P. Allison and Tasuku Honjo was an important landmark recognizing recent clinical advances in immune-oncology. Targeting the immune system to fight cancer is not a new concept, but there were few significant clinical advances until very recently.

Tasuku Honjo *et al* first reported programmed cell death protein 1 (PD-1) in 1992, a protein expressed on the surface of T-cells that acts as a brake in T-cells cytotoxicity. So blocking PD-1 could facilitate T-cells activity against cancer.

In 1996 James P. Allison *et al* discovered that the cytotoxic T-lymphocyte-associated antigen 4 (CTLA-4) is a regulator of T-cells activity, transmitting signals that inhibits its activation and proliferation,² thus, blocking CTLA4 could improve T-cells activity against cancer.

These concepts were further explored with immune checkpoint inhibitors (ICI) anti-PD-1 and anti-CTLA-4, against cancer. Compared with classic chemotherapy, checkpoint inhibitors might take more time to be effective, but those who benefit are normally long-term responders (Fig. 1). The toxicity profile is globally more favorable compared with chemotherapy, with immune related adverse events being the major toxicity of concern but that is usually manageable with immune-modulators such as steroids and/or treatment interruption.

Immune checkpoint inhibitors changed the panorama of metastatic melanoma dramatically, from a terrible prognosis and no efficacious treatment to 34% to 58% long term survivals.^{3,4}

Further studies confirmed the benefit of checkpoint inhibitors across different types of cancers such as in lung, bladder, kidney, Merkel cell carcinoma, head and neck, lymphomas among others. Results are not so impressive like in metastatic melanoma, but it is still very positive to change the gold standard of treatment of those diseases in some settings.

Moreover, the combination between different checkpoint inhibitors could improve clinical outcomes. In checkmate 067 clinical trial, in advanced melanoma patients, the overall survival rate at three years was 58% for nivolumab (anti-PD-1) plus ipilimumab (anti-CTLA-4) group, 52% in the nivolumab group and 34% in the ipilimumab group.³ In advanced renal cell carcinoma, the overall survival and objective response rates were significantly higher with nivolumab plus ipilimumab vs sunitinib, which was the previous standard of care in this setting⁵ (Table 1).

Despite the achieved clinical results so far, the majority of patients treated do not benefit from immune checkpoint inhibitors, and there is still lack of evidence on predictors of (non) benefit. Therefore, it is very important to find more strategies to improve immune-oncology results, combining treatments with checkpoint inhibitors or developing other novel immune-oncology strategies (Fig. 2).

NOVEL IMMUNE-ONCOLOGY STRATEGIES

"Next-generation" immune checkpoints and co-stimulatory monoclonal antibodies

Three signals are needed for T-cell activation. The first signal happens when antigen-presenting cells (APCs) present the antigen through MHC to T cell receptor (TCR) on T cells. The second signal occurs with the interaction between co-stimulatory receptors on T cells and their respective signals on APCs. Finally, the third signal comes from cytokines. Co-inhibitory (immune checkpoints) and co-stimulatory receptors are key for signal two, and their balance will determine T-cell activation.⁶

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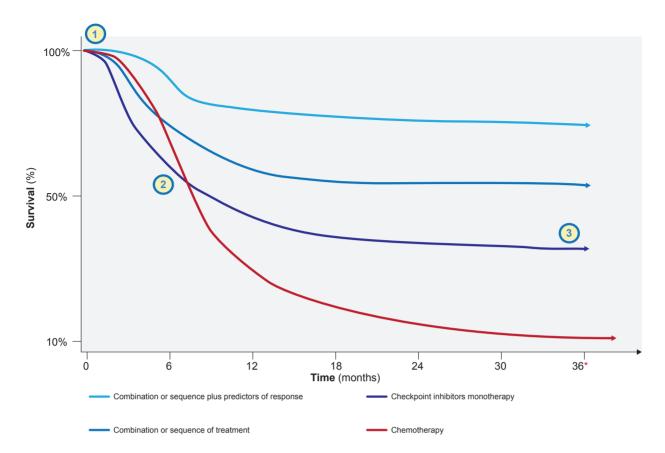


Figure 1 - Survival: curve with immune checkpoint inhibitors

1 – Later response with ICI - Chemotherapy has a rapid cytotoxicity and tumor reduction effect. ICI monotherapy requires some weeks to months to start having effect; 2 – Median is a bad outcome: Median OS or PFS are current outcomes used in oncology clinical trials, but due to the delay but long term effect with ICI, it is important to find other outcomes which better capture the magnitude of benefit with ICIs; 3 – Long term responders: Those who benefit from ICIs are normally long term responders, having a chronic disease or perhaps being cured

The co-inhibitory receptors, CTLA-4 and PD-1, have been described to be responsible for maintaining overall immune self-tolerance, while "next-generation" immune checkpoints, including T-cell immunoglobulin and mucindomain containling-3 (Tim-3), lymphocyte activation gene-3 (Lag-3) and T-cell immunoreceptor with Ig and ITIM domains (TIGIT), have more specific roles in tolerance. These three co-inhibitory receptors are highly expressed on the dysfunctional and exhausted T cells and NK cells. ^{7,8} Preclinical data have shown anti-tumor activity of monoclonal anti-bodies against these receptors, ⁹⁻¹¹ and now these drugs are currently being studied in clinical trials for hematologic and solid tumors, either alone (NCT03489369; NCT03489343; NCT01968109), or in combination with anti-CTLA-4 and/or anti-PD-1 therapy (Table 1).

Co-stimulatory receptors, including 4-1BB, glucocorticoid-induced TNFR-related protein (GITR) and OX40 promote T cells survival, activation and proliferation. Studies performed in different pre-clinical models using agonistic monoclonal antibodies targeting these receptors in combination with anti-PD-1 have shown non-consistent results. 12,13 While more work needs to be done in this field to better understand the mechanism of action of these antibodies, the

first clinical trials using these agents, alone or in combination with anti-CTLA-4 and/or anti-PD-1, in cancer patients are ongoing and their results are awaited (NCT01239134; NCT03126110; NCT03241173).

Adoptive cell therapy

Adoptive cell therapy (ACT) uses tumor-infiltrating lymphocytes (TILs) extracted from fresh tumor samples, or peripheral blood lymphocytes (leukapheresis). After extracting these lymphocytes, there is a selection of the ones expressing T cell receptor (TCR) targeting a specific tumor antigen, or they can be genetically engineered to express the desired TCR. These lymphocytes are expanded and activated ex vivo, and then infused into the patients, after lymphode-pletion to eliminate regulatory T cells. 14,15

In a National Cancer Institute (NCI) clinical trial, metastatic melanoma patients were previously subjected to total body irradiation (TBI - 2 Gy or 12Gy) and to a non-myeloablative regimen with fludarabine and cyclophosphamide, while the cells were expanded with the T-cell stimulating anti-CD3 monoclonal antibody (OKT3) and IL-2. In this study, objective responses were observed in 49% to 72% depending on the conditioning regimen prior to the cells' infusion.

^{*} Illustrative time. Time changes with different types of cancer.

Even though these results are promising, this was a single arm trial with no randomized comparison. ¹⁶ Moreover, there are some obstacles to this technique that need to be addressed in order to increase its efficacy, including the im-

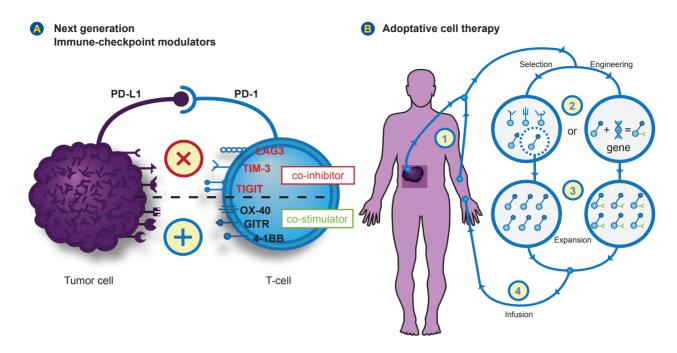
munosuppressive tumor microenvironment and the lack of automation in the ACT production process, as it is a highly personalized treatment, is labor-intensive and requires laboratory expertise. ¹⁵ This strategy is now being tested in

Table 1 – Selection of clinical trials with Immune checkpoint inhibitors combinations

Combination	Tumour type	Cohorts	Outcome (mPFS)	Clinical Trial	Reference
ICI + ICI	Advanced melanoma (1st line)	lpilimumab Nivolumab Ipilimumab + Nivolumab	2.9 mo 6.9 mo 11.5 mo	Checkmate-067 Phase 3	Wolchok JD, 2017
	Advanced RCC (1st line)	Sunitinib Ipilimumab + Nivolumab	8.4 mo 11.6 mo	Checkmate-214 Phase 3	Motzer RJ, 2018
	Solid tumors (> 1 st line)	Relatlimab* Relatlimab + Nivolumab	Recruiting	Phase 1/2	NCT01968109
ICI + Costimulatory agonist	Gastric cancer, SCCHN, NSCLC or advanced RCC	INCAGN01876 [§] + Nivolumab INCAGN01876 + Ipilimumab INCAGN01876 + Nivolumab + Ipilimumab	Recruiting	Phase 1/2	NCT03126110
	Refractory to prior PD-1/L1 therapy	INCAGN01949 ^{§§} + Nivolumab INCAGN01949 + Ipilimumab INCAGN01949 + Nivolumab + Ipilimumab	Recruiting	Phase 1/2	NCT03241173
ICI + Adoptive cell therapy	Advanced melanoma (any line)	Adoptive cell transfer + Ipilimumab	Active, not recruiting	Phase 2	NCT02027935
ICI + Vaccines	Advanced pancreatic cancer (any line & no previous PD1 or CTLA4 treatment)	Nivolumab + Ipilimumab Nivolumab + Ipilimumab + GVAX [‡] Pancreas vaccine	Recruiting	Phase 2	NCT03190265
	HPV-16-Positive incurable solid tumors	Nivolumab + ISA 101 [¶]	Active, not recruiting	Phase 2	NCT02426892
ICI + Oncolytic Virus	Advanced melanoma (1st line of previous BRAFi/MEKi)	Pembrolizumab + TVEC	Active, not recruiting	Keynote-034 Phase 3	NCT02263508
ICI + Radiotherapy	NSCLC locally advanced, unresectable	Chemoradiotherapy + Durvalumab Chemoradiotherapy + Placebo	16.8 mo 5.6 mo	PACIFIC Phase 3	Antonia SJ, 2017
	SCCHN locally advanced	Pembrolizumab + Radiotherapy Cetuximab + Radiotherapy	Active, not recruting	Phase 2	NCT02707588
ICI + Chemotherapy	NSCLC nonsquamous metastatic (1st line)	Chemotherapy + Pembrolizumab Chemotherapy + Placebo	8.8 mo 4.9 mo	KEYNOTE 189 Phase 3	Gandhi L, 2018
	TNBC metastatic	Nab-paclitaxel + Atezolizumab Nab-paclitaxel + Placebo	7.2 mo 5.5 mo	IMpassion130 Phase 3	Schmid P, 2018
ICI + small molecules	Advanced RCC	Axetinib + Avelumab Sunitinib	13.8 mo 8.4 mo	JAVELIN renal 101 Phase 3	Motzer RJ, 2018
	NSCLC locally advanced or metastatic	Avelumab + Crizotinib Avelumab + PF-06463922 11	Active, not recruiting	Javelin Lung 101 Phase 2	NCT02584634

mPFS: median progression free survival in months; ICI: immune checkpoint inhibitors; mo: months; SCCHN: squamous cell carcinoma of head and neck; NSCLC: non small cell lung cancer; RCC: renal cell carcinoma; TNBC: triple negative breast cancer; TVEC: talimogene Laherparepvec (oncolytic herpes virus);

^{*} Relatimab - anti-LAG-3; * INCAGN01876 - anti-human glucocorticoid-induced tumor necrosis factor receptor (GITR) agonistic humanized monoclonal antibody; * INCAGN01949 - anti-human OX-40 agonistic monoclonal antibody; * GVAX- cancer vaccine; * ISA101 - HPV-16 vaccination; * IPF-06463922 - dual ALK/ROS1 inhibitor



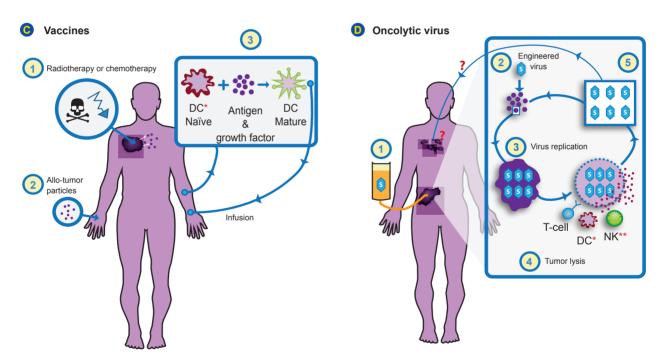


Figure 2 – Novel immune-oncology strategies

- (A) 'Next-generation' immune checkpoint modulators: After positive results with anti-pd1 or anti pd-I1 drugs, blocking other checkpoint inhibitors (eg. LAG-3, TIM-3, TIGIT), or activate co-stimulators (eg.OX-40, 4-1BB, GITR) are promising immune-oncology strategies on clinical research.
- (B) Adoptive cell therapy. 1 Extraction of tumor-infiltrating lymphocytes (TILs) or lymphocytes from peripheral blood; 2 Selection of TILs targeting a specific tumor antigen, or engineering of lymphocytes to express a desired antigen receptor Chimeric antigen receptor T cells (CAR T cells); 3 Expansion of T cells; 4 Infusion of T-Cells for a specific immune-reaction against cancer.
- (C) Vaccines: 1 Cytotoxic treatments (e.g. chemotherapy or radiotherapy) can induce tumor lysis and antigens release to be recognized by immune-system; 2 Some tumor particles (proteins or glucosides), when injected on a tumor-naive patient, might induce immunization against those tumors, and combination with immune-stimulator agents could improve such benefit; 3 Dendritic cells are collected, exposed ex-vivo to tumor antigens and growth factors to become mature and further infused to induce immunization against cancer.
- (D) Oncolytic virus: 1 Local administration of oncolytic virus on tumor site; 2 Selective infection of tumor cells by oncolytic virus (e.g. T-VEC in melanoma); 3 Replication of virus inside tumor cells; 4 Tumor lysis and antigen release. Immune system (innate and adaptative) could more easily recognize tumor antigens; 5 Oncolytic virus could infect more local tumor cells, but the benefit on distant lesions it is still unknown and remains a challenge.

DC*: dendritic cells; NK**: natural killers

combination with ipilimumab in a phase II trial for advanced melanoma patients (Table 1).

Adoptive transfer of T cells engineered with TCRs or chimeric antigen receptors (CARs) is a strategy to improve the efficacy of the anti-tumor response. The TCR therapy consists of the isolation of normal circulating T-cells from the patient's blood and genetically modified via transfection. CARs, which consist of the combination of an antibody and a TCR, are antigen specific and their activation is not dependent on MHC expression on tumor cells. CAR-T cells therapy has been particularly successful in hematologic cancers, including the CTL019 for young adult B-ALL patients¹⁷ (Grupp, 2016) and the CT019 for refractory aggressive NHL.¹⁸

Vaccines

The goal of cancer vaccination is to induce an efficient antigen presentation generating an anti-tumor response, based on CD4+ and CD8+ T lymphocytes against tumor-specific antigens, that is sufficiently robust to be able to produce long-lasting clinical responses. Different strategies have been studied including: (1) non-targeted vaccines, using non-specific strategies to induce an immunogenic tumor cell death, including radiotherapy, some chemotherapies or administration of tumor specific antigens to induce immunization against tumor; (2) ex vivo generated dendritic cells (DCs), including activation, expansion and reinfusion of DCs into the patient; (3) in vivo DC targeting.¹⁹

Sipuleucel-T is the only cancer vaccine approved by the FDA. This vaccine consists of autologous peripheral blood mononuclear cells (PBMC) obtained by leukapheresis and cultured with the fusion protein that combines recombinant PAP with recombinant granulocyte-macrophage colonystimulating factor (GM-CSF). In a phase III trial (Impact trial), 512 men with metastatic castration-resistant prostate cancer were randomly assigned to receive either the vaccine Sipuleucel-T or placebo. This trial showed a relative reduction of 22% in the risk of death in the Sipuleucel-T group as compared with the placebo group (hazard ratio, 0.78; 95% confidence interval [CI], 0.61 to 0.98; p = 0.03). Different types of vaccines are now being tested in combination with anti-CTLA-4 and/or anti-PD-1 for different tumor types (Table 1).

Oncolytic virus

Oncolytic viruses, like vaccines, stimulate antigen presentation and generate an anti-tumor response. Oncolytic viruses infect/invade, replicate within and kill tumor cells, inducing antigen release and promoting a pro-inflammatory environment. The only FDA approved oncolytic virus is the T-VEC (talimogenelaherparepvec), consisting of attenuated herpes simplex virus (HSV) associated with GM-CSF. T-VEC was studied in a phase III trial (2:1) with 436 unresectable stage IIIA/B/C melanoma patients. The T-VEC or the GM-CSF alone were injected into the tumor, with an overall objective response of 26.4% and 5.7% for the arms of the T-VEC and GM-CSF, respectively.²¹ Even though the results

seem compelling, in order to fully understand the effect of T-VEC, as well as other intralesional agents, it would be important to study the effect of these intralesional agents on the non-injectable lesions. T-VEC is now being studied alone or in different combinations, including immune checkpoints, radiotherapy and chemotherapy (NCT03086642; NCT02263508; NCT03554044). An important challenge ahead with oncolytic virus is to have a very selective infection on tumor cells, without their recognition/destruction by the immune-system, thus optimizing the clinical benefit also on distant metastasis, without major side-effects.

Bifunctional agents

This new immunotherapy strategy refers to bispecific antibodies that bind to two different antigens with high affinity. Bispecific T-cell engagers (BiTE's) are a particular type of bispecific antibodies that bind to CD3+ cells and to a tumor specific antigen. The first BiTE to be approved by the FDA was Blinatumomab for B-cell acute lymphoblastic leukemia (B-ALL). Blinatumomab binds to CD3, expressed by T cells, and to CD19, expressed by B cells. In a phase II trial, blinatumomab showed impressive clinical activity, inducing 43% complete responses in refractory B-ALL patients²². Some of the advantages of BiTE's include the cytotoxic capacity and the ability to bind to tumor cells expressing low antigen levels.²³

COMBINATION OF CHECKPOINT INHIBITORS WITH CLASSIC TREATMENTS

There are different combinations between checkpoint inhibitors and other treatment strategies being tested (Table 1), and that includes combination with 'older' oncology treatments such as chemotherapy, radiotherapy or small molecules.

Checkpoint inhibitors plus radiotherapy

Different doses of ionizing radiation can have an immunosuppressive or immune-stimulator effect.²⁴ Therefore, finding optimal schemes combining radiotherapy with checkpoint inhibitors is crucial to optimize this synergic benefit. Different clinical studies showed an increased response rate for patients receiving combination of radiotherapy with ICI, with no significant increase in toxicity²⁵⁻²⁷ and there is a growing number of clinical trials addressing combination or sequence between radiotherapy and immunotherapy. The best combination or sequence of treatment, radiotherapy doses and fraction schedules across different tumor types, are still important challenges to be addressed.

Checkpoint inhibitors with chemotherapy

Chemotherapy is still the gold-standard in many oncology settings, and there is a strong interest to combine it with ICI. Chemotherapy can have a myelosuppressive effect or stimulate the immune system by different mechanisms,²⁸ depending on doses, type of chemotherapy, type of cancer, among other factors. Thus, it is very important to optimize these combination strategies to gain clinical

benefit. In non-squamous, non-small-cell lung cancer, the addition of pembrolizumab to standard chemotherapy improved OS and PFS comparing with chemotherapy alone. ²⁹ Also, in metastatic triple negative breast cancer, atezolizumab plus nab-paclitaxel increased the median PFS and mainly OS in PD-L1 positive immune cells infiltrating the tumor compared with nab-paclitaxel plus placebo. ³⁰ There are many ongoing clinical trials combining chemotherapy with checkpoint inhibitors and more positive results can be expected in a near future.

Checkpoint inhibitors with small molecules

Some small molecules, such as tyrosine kinase inhibitors (TKIs) can block important intracellular signaling pathways for tumor growth and survival. These drugs have been widely used across different tumor types, such as leukemia, lung, renal, breast cancers, among others. With these drugs a tumor response can be expected, but due to drug resistance clones there is also a high rate of relapse. There is a strong rationale to combine TKIs with ICI, having the benefit of faster TKIs response and potentially long term responses with ICIs. In advanced renal cell carcinoma, axitinib plus avelumab (TKI+ICI) significantly improved PFS versus the standard of care sunitinib,³¹ thus becoming a possible first-line treatment for this setting. There are many ongoing different trials combining TKIs plus ICIs in different tumor settings and results are awaited (Table 1).

FUTURE PERSPECTIVES

Despite positive results achieved with immune check-

point inhibitors, decreasing the number of non-responders and improving clinical results is still an important challenge

Finding reliable predictors of response is an important goal for the near future, and that can be very helpful to select those who might benefit and to identify those who will not respond to the available drugs.

Novel immune-oncology strategies and combination with other treatment strategies are showing promising results, and there is a strong rationale to expect more positive results in a near future.

Moreover, the identification of new mechanisms of resistance to ICI and new therapeutic targets makes it imperative to help this significant proportion of patients that do not benefit from available immunotherapy strategies.

Finally, a more personalized research, with the identification of more subgroups of disease (e.g., MSI positive solid tumors) can be helpful to select specific treatment strategies towards a tendentially more personalized immune-oncology medicine.

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CONFLICTS OF INTEREST

All authors report no conflict of interest.

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