

REFERÊNCIAS

1. Dias MC, Dos Reis RS, Santos JV, Nunes AP, Ferreira P, Maia B, et al. Nationwide access to endovascular treatment for acute ischemic stroke in Portugal. *Acta Med Port.* 2022;35:127-34.
2. Saver JL, Goyal M, van der Lugt A, Menon BK, Majoie CB, Dippel DW, et al. Time to treatment with endovascular thrombectomy and outcomes from ischemic stroke: a meta-analysis. *JAMA.* 2016;316:1279-88.
3. Sobral S, Taveira I, Seixas R, Vicente AC, Duarte J, Goes AT, et al. Late hospital arrival for thrombolysis after stroke in Southern Portugal: Who is at risk? *J Stroke Cerebrovasc Dis.* 2019;28:900-5.
4. Thon JM, Jovin TG. Imaging as a selection tool for thrombectomy in acute ischemic stroke: pathophysiologic considerations. *Neurology.* 2021;97:S52-9.

Hipólito NZWALO^{1,2}, Ana BOTELHO^{1,3}, Inês GIL⁴, Alexandre BAPTISTA⁵, Ana Paula FIDALGO¹

1. Unidade de AVC. Centro Hospitalar Universitário do Algarve. Faro. Portugal.
2. Faculdade de Medicina e Ciências Biomédicas. Universidade do Algarve. Faro. Portugal.
3. Faculdade de Economia. Universidade do Algarve. Faro. Portugal.
4. Serviço de Radiologia. Centro Hospitalar Universitário do Algarve. Faro. Portugal.
5. Unidade de Cuidados Intensivos de Portimão. Centro Hospitalar Universitário do Algarve. Portimão. Portugal.

✉ Autor correspondente: Hipólito Nzwalo. nzwalo@gmail.com

Recebido/Received: 01/03/2022 - Aceite/Accepted: 07/03/2022 - Publicado/Published: 01/06/2022

Copyright © Ordem dos Médicos 2022

<https://doi.org/10.20344/amp.18202>



Still Regarding Schizophrenia, Secondary Schizophrenia, Pseudo-Schizophrenia, and Schizophrenia-Like Psychosis

Ainda a Propósito da Esquizofrenia, da Esquizofrenia Secundária, da Pseudo-Esquizofrenia e da Psicose do Tipo Esquizofrenia

Keywords: Schizophrenia; Schizophrenia Spectrum and Other Psychotic Disorders

Palavras-chave: Espectro da Esquizofrenia e Outros Transtornos Psicóticos; Esquizofrenia

Dear editor, I read with pleasure the reply to my recent letter,¹ by Martinho and Carvalheiro.

I could not agree more. Of course, pseudo-schizophrenia and secondary schizophrenia are obsolete concepts! Schizophrenia is, *per se*, useless, whenever it is misused! Schizophrenia is just a myth, according to Professor Thomas Szasz.² Or, maybe if the reader prefers, it is just a misdiagnosis, according to Professor Charles Raymond Lake.³ We could go even further, with this argument, as the death of psychiatry has already been proclaimed by Professor

Edwin Fuller Torrey some decades ago,⁴ after the victory of anti-psychiatry led by Professor David Cooper.⁵

All the authors I am citing here were once clinical psychiatrists, just like us. That will be our biggest challenge for the twentieth-first century: to resuscitate schizophrenia. For that we will need to revisit (again and again) and describe (in greatest detail) what schizophrenia is not. We can only find, and diagnose, schizophrenia by excluding all other causes for schizophrenia-like psychosis. I could not agree more.

We need to keep in mind the errors of the past; otherwise we will be condemned to repeat them. Only then we may rehabilitate our dearest schizophrenia and save Psychiatry from its impending doom.

COMPETING INTERESTS

The author declared that no competing interests exist.

FUNDING SOURCES

This research received no specific grant from any funding agency in the public, commercial, or not-for-profit sectors.

REFERENCES

1. Martinho SM, Carvalheiro AM. Abandoning old concepts and revisiting the idea of a diagnostic hierarchy in psychiatry. *Acta Med Port.* 2022;35:233-4.
2. Szasz T. Schizophrenia: the sacred symbol of psychiatry. Syracuse: Syracuse University Press; 1976.
3. Lake CR. Schizophrenia is a misdiagnosis, implications for the DSM-5 and the ICD-11. New York: Springer; 2012.
4. Torrey EF. The death of psychiatry. Radnor: Chilton Book Company; 1974.
5. Cooper D. Psychiatry and anti-psychiatry. London: Tavistock Press; 1967.

João GAMA MARQUES^{1,2}

1. Serviço de Psiquiatria Geral e Transcultural. Hospital Júlio de Matos. Centro Hospitalar Psiquiátrico de Lisboa. Lisboa. Portugal.

2. Clínica Universitária de Psiquiatria e Psicologia Médica. Faculdade de Medicina. Universidade de Lisboa. Lisboa. Portugal.

✉ Autor correspondente: João Gama Marques. joagamarques@gmail.com

Recebido/Received: 03/03/2022 - Aceite/Accepted: 16/02/2022 - Publicado Online/Published Online: 06/05/2022 - Publicado/Published: 01/06/2022

Copyright © Ordem dos Médicos 2022

<https://doi.org/10.20344/amp.18209>

