

Appendix 2 – Questions of the DISCERN instrument

1. Are the aims clear?
 2. Does it achieve its aims?
 3. Is it relevant?
 4. What sources of information were used?
 5. When was the information produced?
 6. Is it balanced and unbiased?
 7. Provision of alternative sources of information?
 8. Does it refer to areas of uncertainty?
 9. Does it describe how each treatment works?
 10. Does it describe the benefits of each treatment?
 11. Does it describe the risks of each treatment?
 12. Does it describe what could happen if no treatment is used?
 13. Does it describe how treatment choices can affect quality of life?
 14. Is it clear there is more than one treatment choice?
 15. Does it provide support for shared decision-making?
 - 16: overall score
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Based on the answers to all of the above questions, rate the overall quality of the publication as a source of information about treatment choices