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| **Table 1: Characteristics of study population** |
| ***Variables*** | ***Results*** | ***Variables*** | ***Results***  |
| Sex (%) (M/F) | M: 15.8 F: 84.2 | Fasting glucose (mg/dl), median (IQR) | 94.0 (88.0-107.0) |
| Age (years), mean ± SD | 42.0 ± 10.3 | HbA1c (%), median (IQR) | 5.6 (5.3-6.0) |
| BMI (kg/m2), median (IQR) | 42.5 (40.0-46.8) | Insulin (mg/dl), median (IQR) | 14.7 (10.1-24.3) |
| Weight (kg), median (IQR) | 112.0 (100-126.0) | Total cholesterol (mg/dl), median (IQR) | 183.0 (165.0-215.0) |
| MetS (%) | 52.1 | HDL-c (mg/dl), median (IQR) | 47.0 (39.0-54.0) |
| Dyslipidemia (%) | 72.9  | LDL-c (mg/dl), median (IQR) | 112.0 (97.0-139.0) |
| Hypertension (%) | 45.6 | Triglycerides (mg/dl), median (IQR) | 118.0 (92.0-169.0) |
| T2DM (%) | 25.2 | C-reactive protein (mg/l), median (IQR) | 8.02 (4.0-13.6) |
| M: male: F: female; SD: standard deviation; BMI: body mass index; IQR: interquartile range; MetS: metabolic syndrome;T2DM: type 2 diabetes mellitus; HbA1c: glycated hemoglobin; HDL-C: high density lipoprotein cholesterol; LDL-c: low density lipoprotein cholesterol |