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| **Table 1** Sample characteristics at admission according to type of anorexia nervosa |
|  | AN-R | AN-BP | p-value |
|  | n = 103 | n = 66 |  |
| **Demographic %** |
| Gender |  |  |  |
| Female | 93.2 | 95.5 | 0.742 |
| Male | 6.8 | 4.5 |
| Marital status |  |  |  |
| Single | 90.3 | 78.8 | 0.120 |
| Married | 5.8 | 15.2 |
| Common law marriage | 2.9 | 3.0 |
| Divorced | 1.0 | 1.5 |
| Widowed | 0.0 | 1.5 |
| Educational status |  |  |  |
| University | 38.8 | 47.0 | 0.246 |
| High school | 42.7 | 30.3 |
| Junior high school (9th grade) | 10.7 | 12.1 |
| Preparatory education (6th grade) | 1.0 | 1.5 |
| Primary education (4th grade) | 0.0 | 3.0 |
| Illiterate | 0.0 | 1.5 |
| **Clinical History** |  |  |  |
| Age at onset | 18.4 ± 5.86 | 19.89 ± 6.31 | 0.139 |
| Age at first appointment | 20.93 ± 6.67 | 25.23 ± 9.06 | **0.001** |
| Illness duration | 3.13 ± 3.97 | 6.05 ± 6.5 | **0.001** |
| BMI at admission | 15.98 ± 1.72 | 16.49 ± 2.12 | 0.091 |
| Severity based on BMI (DSM-5)% |  |  |  |
| Mild/Moderate | 47.6 | 59.1 | 0.295 |
| Severe/Extreme | 50.5 | 39.4 |
| ̽ Significant at p < 0.05 |
| Data is presented as mean ± standard deviations or percentages and is based on available data only (i.e. missing or unknown data was excluded)

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| **Table 2** Follow-up data according to illness duration |
|  | Illness duration | p-value |
|  | <1 year | 1-2 years | 2 years |
|  | n= 65 | n= 25 | n= 66 |  |
| **Clinical History of follow-up** |  |  |  |  |
| Outcome |  |  |  |  |
| Remission (Partial/Full) | 46.2 | 32.0 | 22.7 | **0.007** |
| Poor outcome | 53.8 | 68.0 | 77.3 |
| **Various outcomes %** |  |  |  |  |
| Full remission | 30.8 | 8.0 | 4.5 |  |
| Partial remission | 15.4 | 24.0 | 15.2 |  |
| Exacerbation/stagnation | 10.8 | 4.0 | 24.2 |  |
| Dropout | 43.1 | 64.0 | 56.1 |  |
| Early dropout | 7.7 | 12.0 | 13.6 |  |
| Dropout |  |  |  |  |
| Yes | 43.1 | 64.0 | 56.1 | 0.139 |
| No | 56.9 | 36.0 | 43.9 |
| ̽ Significant at p < 0.05 |
| Data is presented as mean ± standard deviations or percentages and is based on available data only (i.e. missing or unknown data was excluded) |

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