Tuberous Breast

Mama Tuberosa

A 22-year-old female patient, with no relevant medical history complained about the shape of her breasts, which had been the source of her low self-esteem since early adolescence. The physical examination revealed asymmetrical, tubular hypoplastic breasts and enlarged areolas (Fig. 1). The patient was referred to the Plastic Surgery department of the referral hospital, where a diagnosis of type III tuberous breast was made and reconstructive surgery with (breast) implants was proposed (Fig. 2).

Tuberous breast is a rare deformity with onset at the beginning of pubertal growth. The main signs are hypoplasia and tubular shape of the breast, which may be unilateral, symmetric or asymmetric. The diagnosis is clinical and the treatment is surgical. This condition conveys a significant psychological burden, causing low self-confidence, anxiety, depression, peer rejection and psychosexual dysfunction. Early diagnosis and surgical correction are key in the treatment and prevention of psychological symptoms.

REFERENCES