Dear editor, I read with pleasure the reply to my recent letter,¹ by Martinho and Carvalheiro. I could not agree more. Of course, pseudo-schizophrenia and secondary schizophrenia are obsolete concepts! Schizophrenia is, per se, useless, whenever it is misused! Schizophrenia is just a myth, according to Professor Thomas Szasz.² Or, maybe if the reader prefers, it is just a misdiagnosis, according to Professor Charles Raymond Lake.³ We could go even further, with this argument, as the death of psychiatry has already been proclaimed by Professor Edwin Fuller Torrey some decades ago,⁴ after the victory of anti-psychiatry led by Professor David Cooper.⁵

All the authors I am citing here were once clinical psychiatrists, just like us. That will be our biggest challenge for the twenty-first century: to resuscitate schizophrenia. For that we will need to revisit (again and again) and describe (in greatest detail) what schizophrenia is not. We can only find, and diagnose, schizophrenia by excluding all other causes for schizophrenia-like psychosis. I could not agree more.

We need to keep in mind the errors of the past; otherwise we will be condemned to repeat them. Only then we may rehabilitate our dearest schizophrenia and save Psychiatry from its impending doom.

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